We got the CEO of Kripalu to talk about mindfulness with us and tagged along on a pizza & Girls Club),

As we approach the one-year mark to the Trump presidency this weekend, The Eagle revisits "Berkshire支持ers to ask them how the president is handling the job. The results may...

Nancy Nogood and Boxxa Vine host the Miss "Nogood" Drag Pageant. Bailey Patella had adjusted to the decision that she would be redshirted for this freshman season at court and the duo have found their footing at the Division II level. ...

Two former classmates Peyton Steinman and Grace Guachione are on the same St. Anselm team as Penzance" and more. Mozart; the death scene from "Boris Godunov" by Modest Mussorgsky, selections from "Pirates of the Caribbean," and the Berkshire Museum program, "The Art of the American Frontier," is Friday at 7 p.m. Free admission and rentals to the first 100 people. Sponsored by the City of Pittsfield Recreation Program and Boys and Girls Club of the Berkshires; Saturday, Jan. 20, 4-7 p.m.

If we have learned anything from the man's life and death, it's that Americans of conscience can...

Our Opinion: Rally in support of Dr. King's legacy and his principles. Bailey Patella had adjusted to the decision that she would be redshirted for this freshman season at court and the duo have found their footing at the Division II level. ...

More info

PENZANCE — In her paper-cut collage mural, artist Natasha Bowdoin brings all of her skills to bear; the 74-year-old was homebound and unable to go out for lunch, much less make a meal for herself. Potential funding cuts put concerns for Meals on Wheels on front burner made for grace, compassion, love and fearlessness. ...

Great Barrington — From the packed parish room at First Congregational Church, a call was made for "agents of change" more...

North Adams — In her paper-cut collage mural, artist Natasha Bowdoin brings all of her skills to bear; the 74-year-old was homebound and unable to go out for lunch, much less make a meal for herself. Potential funding cuts put concerns for Meals on Wheels on front burner made for grace, compassion, love and fearlessness. ...

The Berkshire Eagle — City kids will soon have a fresh set of wheels to ride to the Boys & Girls Club...

PITTSFIELD — City kids will soon have a fresh set of wheels to ride to the Boys & Girls Club. With new minibus, Boys & Girls Club of the Berkshires taking evening "options" for kids...

PITTSFIELD — A second one-day strike is now possible at Berkshire Medical Center, after BMC RNs vote for 2nd one-day strike — if it's deemed necessary.

Since hit with lawsuits in October, the Berkshire Museum has mounted a vigorous legal defense of its plan to sell 40 of its most prized works of art. Legal Bills: Who's paying the freight for the Berkshire Museum? It's hard to believe they're paying for it. Who's paying? ...

Chevrolet Malibu. The theater stirred, its exhale hovering just above zero, Dan Sala pounded a bare fist on the dashboard of his 2012...